

**Long Buckby Junior School long term RSHE Plan 2023/24**  
At Long Buckby Junior School we follow the SCARF scheme

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Year 3</b>	<p><b>Me and My Relationships</b></p> <p>As a rule Looking after our special people How can we solve this problem? Tangram team challenge (OPTIONAL) Friends are special Thunks Dan's dare My special pet (OPTIONAL) <b>Assessment Plans</b> Me and My Relationships - Pre and Post Unit Assessment: Y3/P4</p>	<p><b>Valuing Difference</b></p> <p>Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb <b>Assessment Plans</b> Valuing Difference - Pre and Post Unit Assessment: Y3/P4</p>	<p><b>Keeping Safe</b></p> <p>Safe or unsafe? Danger or risk? The Risk robot Super Searcher Help or harm? Alcohol and cigarettes: the facts Raisin challenge (1) (OPTIONAL) <b>Assessment Plans</b> Keeping Safe - Pre and Post Unit Assessment: Y3/P4</p>	<p><b>Rights and Respect</b></p> <p>Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project Let's have a tidy up! (OPTIONAL) <b>Assessment Plans</b> Rights and Respect - Pre and Post Unit Assessment: Y3/P4</p>	<p><b>Being my Best</b></p> <p>Derek cooks dinner! (healthy eating) Poorly Harold Body team work For or against? I am fantastic! Top talents Getting on with your nerves! (OPTIONAL) <b>Assessment Plans</b> Being My Best - Pre and Post Unit Assessment: Y3/P4</p>	<p><b>Growing and Changing</b></p> <p>Relationship tree Body space None of your business! Secret or surprise? Basic first aid <b>Assessment Plans</b> Growing and Changing - Pre and Post Unit Assessment: Y3/P4</p>
<b>Year 4</b>	<p><b>Me and My Relationships</b></p> <p>Human machines Ok or not ok? (part 1) Ok or not ok? (part 2) An email from Harold! Different feelings When feelings change (OPTIONAL) Under pressure <b>Assessment Plans</b> Me and My Relationships - Pre and Post Unit Assessment: Y4/P5</p>	<p><b>Valuing Difference</b></p> <p>Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands <b>Assessment Plans</b> Valuing Difference - Pre and Post Unit Assessment: Y4/P5</p>	<p><b>Keeping Safe</b></p> <p>Danger, risk or hazard? How dare you! Keeping ourselves safe Raisin challenge (2) Picture wise Medicines: check the label Know the norms (OPTIONAL) Traffic lights (OPTIONAL) <b>Assessment Plans</b></p>	<p><b>Rights and Respect</b></p> <p>Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Harold's expenses (OPTIONAL) Why pay taxes? Logo quiz (OPTIONAL) <b>Assessment Plans</b></p>	<p><b>Being my Best</b></p> <p>What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community (1) Basic first aid Volunteering is cool (OPTIONAL) <b>Assessment Plans</b> Being My Best - Pre and Post Unit Assessment: Y4/P5</p>	<p><b>Growing and Changing</b></p> <p>Moving house My feelings are all over the place! Secret or surprise? <b>Assessment Plans</b> Growing and Changing - Pre and Post Unit Assessment: Y4/P5</p>

			Keeping Safe - Pre and Post Unit Assessment: Y4/P5	Rights and Respect - Pre and Post Unit Assessment: Y4/P5		
<b>Year 5</b>	<b>Me and My Relationships</b>  Collaboration Challenge! Give and take Communication (OPTIONAL) How good a friend are you? Relationship cake recipe Our emotional needs Being assertive <b>Assessment Plans</b> Me and My Relationships - Pre and Post Unit Assessment: Y5/P6	<b>Valuing Difference</b>  Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes It could happen to anyone (OPTIONAL) <b>Assessment Plans</b> Valuing Difference - Pre and Post Unit Assessment: Y5/P6	<b>Keeping Safe</b>  Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it? 'Thunking' about habits (OPTIONAL) Drugs: true or false? (OPTIONAL) Smoking: what is normal? (OPTIONAL) <b>Assessment Plans</b> Keeping Safe - Pre and Post Unit Assessment: Y5/P6	<b>Rights and Respect</b>  What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! Local councils (OPTIONAL) <b>Assessment Plans</b> Rights and Respect - Pre and Post Unit Assessment: Y5/P6	<b>Being my Best</b>  It all adds up! Different skills My school community (2) Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness <b>Assessment Plans</b> Being My Best - Pre and Post Unit Assessment: Y5/P6	<b>Growing and Changing</b>  How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Help! I'm a teenager - get me out of here! Dear Hetty (OPTIONAL) <b>Assessment Plans</b> Growing and Changing - Pre and Post Unit Assessment: Y5/P6
<b>Year 6</b>	<b>Me and My Relationships</b>  Working together Let's negotiate (OPTIONAL) Solve the friendship problem Dan's day (OPTIONAL) Behave yourself Assertiveness skills (formerly Behave yourself - 2) Don't force me Acting appropriately <b>Assessment Plans</b>	<b>Valuing Difference</b>  OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes <b>Assessment Plans</b>	<b>Keeping Safe</b>  Think before you click! It's a puzzle (OPTIONAL) To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) (OPTIONAL) Joe's story (part 2) (OPTIONAL)	<b>Rights and Respect</b>  Two sides to every story Fakebook friends What's it worth? Jobs and taxes (OPTIONAL) Happy shoppers - caring for the environment Action stations! (OPTIONAL) Project Pitch (parts 1 & 2) (OPTIONAL) Democracy in Britain 1 - Elections	<b>Being my Best</b>  This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project <b>Assessment Plans</b> Being My Best - Pre and Post Unit Assessment: Y6/P7	<b>Growing and Changing</b>  I look great! Media manipulation Pressure online Helpful or unhelpful? Managing change Is this normal? Making babies What is HIV? (OPTIONAL) <b>Assessment Plans</b> Growing and Changing - Pre and Post Unit Assessment: Y6/P7

	Me and My Relationships - Pre and Post Unit Assessment: Y6/P7	Valuing Difference - Pre and Post Unit Assessment: Y6/P7	<b>Assessment Plans</b> Keeping Safe - Pre and Post Unit Assessment: Y6/P7	Democracy in Britain 2 - How (most) laws are made Community art (OPTIONAL) <b>Assessment Plans</b> Rights and Respect - Pre and Post Unit Assessment: Y6/P7		
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